

THE ROAR!

STUDENT NEWS

WEEK OF OCTOBER 2, 2023



THIS WEEK'S EVENTS

Tuesday, Oct. 3

- Harvest Fest, 11 am-2 pm, Courtyard (rain location: Garden Room - Lower level, Kopp Student Center)

Friday, Oct. 6

- PTK Induction Ceremony, 6:30 pm, Lorenz Auditorium - Fine Arts Bldg.

FEATURED

Get Ready for Spring and Summer Registration!

It's time to plan for registration! Spring and summer course schedules are live in [eServices](#) under "Courses & Registration." Remember to review your Degree Audit under the "Academic Records" link. If your major or program is incorrect in your degree audit, complete the [Change of Major eForm](#).

Spring and summer priority registration begins the week of October 23. Need help with academic or transfer planning? [Schedule an academic advising appointment online](#) or call 952-358-8261. [Student Services](#) is available if you need help completing your FAFSA application or if you have questions related to Financial Aid, Payments and Billing, or Records at 952-358-8100, studentservices@normandale.edu, or through [live chat](#).

Free Laptop Program Applications Available October 2

We are thrilled to announce that the Free Laptop Program for Normandale students will be accepting applications starting **October 2, 2023**. We invite students who have limited or no access to a computer and who are facing financial need to apply for this opportunity.

- Applications will be reviewed on a rolling basis, so make sure to submit your application promptly
- If approved, you will receive a notification via your student email.
- When you're approved for a laptop, you'll have the flexibility to choose from multiple pickup options. However, we require that you allocate approximately 20-40 minutes to complete the setup process.
- As a mandatory step, approved applicants are required to complete an Internet Safety course through D2L to ensure safe and responsible online usage (approximately 45 minutes to one hour to complete).

You can apply now or get more information at the [Normandale Free Laptop Program Webpage](#).

In Honor of Hispanic Heritage Month:

Enjoy a Taste of Latin America!

You are invited to stop by the Normandale Corner Café to purchase traditional Latin America beverages and bakery items.

- Oct. 2-6: Jarritos, Apple Soda (Manzanitas), and empanadas
- Oct. 9-13: Cuban Café and Tres Leches cake

Sponsored by Normandale BIPOC Employee Resource Group and the Corner Café . For further information, contact renee.cortez@normandale.edu.

Transfer Partner Events

Stop by and learn more about academic programs, deadlines, and scholarships. Tabling is located across from the Office of Admissions, 1st Floor - College Services Bldg.

- Crown College: Monday, Oct. 2, 9:30-11:30 am
- Minnesota State University Duluth: Tuesday, Oct. 3, 9:30-11:30 am
- Concordia University, St. Paul Nursing: Tuesday, Oct. 3, 12-2 pm
- Gustavus Adolphus College: Wednesday, Oct. 4, 9:30-11:30 am
- Metro State University: Thursday, Oct. 5, 12-2 pm

Somali Student Success Workshop

Wednesday, Oct. 4, 2 pm, C 2103 - College Services Bldg.

We offer support, connection and tools to help you navigate college!

- To register for the workshop, sign up [here](#)

If you have questions or for further information, email Academic Advisors Abdirahman Abdirahman at abdirahman.abdirahman@normandale.edu or Sharmarke Ahmed at sharmarke.ahmed@normandale.edu.

Gideon the Comfort Dog

Tuesday, Oct. 10, 10:30-11:45 am, The Link, 1st Floor - Partnership Center Bldg.

Stop by to destress and pet this very friendly pup!

If you have questions, email Paige Wheeler at paige.wheeler@normandale.edu.

Normandale Department of Theatre presents:

The Lightning Thief THE PERCY JACKSON MUSICAL

OPENS OCTOBER 12, 7:30 PM, PREMANAND THEATRE

by Joe Tracz | music & lyrics by Rob Rokicki

adapted from the book *The Lightning Thief* by Rick Riordan | directed by Sean Byrd

As the half-blood son of a Greek god, Percy Jackson has newly discovered powers he can't control, a destiny he doesn't want, and a mythology textbook's worth of monsters on his trail. When Zeus's master lightning bolt is stolen and Percy becomes the prime suspect, he must find and return the bolt to prove his innocence and prevent a war between the gods. Adapted from the best-selling book *The Lightning Thief* by Rick Riordan and featuring a thrilling original rock score, *The Lightning Thief: The Percy Jackson Musical* is an action-packed mythical adventure!

PERFORMANCES: October 12-14 at 7:30 pm. Matinee is October 14 at 2 pm. Tickets are \$10 general admission, and \$5 for students and employees. Reservations encouraged, not required.

Visit www.normandale.edu/theatre for more information.

WWW.NORMANDALE.EDU/THEATRE

Fall Priority Deadline for Graduation is November 1

Students completing a degree or certificate in Fall semester should [apply for graduation](#) by November 1!

Students can [make an advising appointment](#) for support with this process, such as:

- Reviewing degree audit to confirm requirements are met.
- Helping navigate the graduation application process.
- Answering transfer questions.



Join the Book Club!

Tuesdays 3-4 pm, via [Zoom](#); Fridays 3:30-4:30 pm, K 1426 - Kopp Student Center

Have you been looking for a good book and some friends to discuss it with? Look no further! Join the Normandale Book Club and check out books from a variety of genres! The club will also have a GroupMe chat for conversation about the club.

Zoom link: <https://minnstate.zoom.us/j/91795477491>

GroupMe link: https://groupme.com/join_group/96612011/7TQ4TNJ9

If you have questions, email Book Club President Alana Harmonick at alana.harmonick@my.normandale.edu.

Step 5: Help Someone Who is Suicidal - #BeThe1To

Throughout September, in recognition of Suicide Prevention Month, Normandale Advising, Counseling & Career Center is sharing **five steps you can take to help someone who is feeling suicidal**. The first step is to **ask directly**, "Are you thinking about killing yourself?" The second is to "**Be there by listening with empathy**," and the third is **keep them safe by separating them from pills, firearms, etc. and getting them emergency help**, and the fourth is **help them connect to resources and build a circle of support**. Now for the final step.

Step 5:

If someone you know is thinking about suicide, take **Step 5** and **#BeThe1To** follow up with them. [View this quick video](#) that demonstrates the 5 steps. Learn more at [How The 5 Steps Can Help Someone Who is Suicidal - #BeThe1To](#). Remember to take care of yourself! Connect to Normandale Counseling and Mental Health as you support someone in need. [#NationalSuicidePreventionMonth](#). Learn more at [How The 5 Steps Can Help Someone Who is Suicidal - #BeThe1To](#). Remember to take care of yourself! [Connect to Normandale Counseling and Mental Health](#) as you support someone in need. [#NationalSuicidePreventionMonth](#).

CAMPUS RESOURCES

Blood Pressure Readings and Resources on Campus

Did you know that 46% of Americans have high blood pressure? Thanks to the [American Heart Association](#) Normandale now has two places on campus where you can measure your blood pressure and if desired, get more information about blood pressure.

Stop by the following offices during the following hours if you are interested:

- Public Safety (F 1250): Mon-Thurs, 6:30 am-10 pm; Fri, 6:30 am-5 pm
- Student Resource Center (A 1560): Mon-Thurs, 8 am-5 pm; Fri, 8 am-4:30 pm

If you have questions, contact Paige at paige.wheeler@normandale.edu or call 952-358-9074.

IMPORTANT DATES/DEADLINES

Mark Your Calendar

- Oct 18-21: No classes, faculty workshops
- Oct 23: Spring/Summer class registration begins - current students
- Oct 30: Spring/Summer registration begins – new/visiting students
- Nov 1: Graduation application deadline
- Nov 10: Veteran's Day - no classes
- Nov 23-25: Holiday, Thanksgiving - no classes
- Dec 11-15: Final exams



Announce your event! Submit title, time, date, location, and event description to **studentlife@normandale.edu**.

The Roar Student News is a publication of the Office of Student Life.

Normandale is an affirmative action, equal opportunity educator and employer.

A MEMBER OF MINNESOTA STATE