

# THE ROAR!

## STUDENT NEWS

WEEK OF OCTOBER 23, 2023



## THIS WEEK'S EVENTS

### Monday, Oct. 23

- Senate Student Voice Event, 11 am-1 pm, The Lounge, 1st Floor - College Services Bldg.
- Diversity Week: Hispanic Heritage Kahoot/Loteria: 10 am-12 pm, Overlook; Dia De La Raza Day/Cultural Diversity Day: 2-4 pm,
- Mario Kart Tournament, 1-3 pm, Garden Room - Lower Level Kopp Student Center
- Politics & Law Club Meeting, 3-4 pm, C 1035, 1st Floor - College Services Bldg.

**Tuesday, Oct. 24**

- Ask Me Anything with a Cop, 9-11 am, The Lounge - Corner Café, College Services Bldg.
- Diversity Week: Indigenous Peoples Day: 11 am-2 pm Overlook - Kopp Student Center
- Admissions All-Campus Open House, 4-6 pm, 1st Floor - College Services Bldg.

**Wednesday, Oct. 25**

- Wellness & Resource Fair, 11 am-1 pm, Gym (A 1500), Activities Bldg.
- Diversity Week: National Coming Out Day: 12:30-2:30 pm, Overlook, Kopp Student Center
- Christian Student Fellowship meeting (weekly), 2-3 pm Stiles Room - K 0432; Follow their Instagram at csf.normandale

**Thursday, Oct. 26**

- Diversity Week: World Mental Health Day: 12:30-2:30 pm, Overlook, Kopp Student Center
- Internship and Job Searching Tips, 1-2 pm, Register [here](#)
- Personal Empowerment, 3-4:30 pm, Register [here](#) - space is limited!

**Friday, Oct. 27**

- Diversity Week: International Day for Business Failure: 12:30-2:30 pm, Diversity Center, Kopp Center

## FEATURED

Normandale Department of Music presents:

### Fall Concert Series

All concerts at 7:30 pm, Lorenz Auditorium - Fine Arts Bldg.

- Monday, Oct. 23: Jazz Combo
- Wednesday, Oct. 25: Concert Choir & Vocal Ensemble



*For more information, click on the link below:*

[WWW.NORMANDALE.EDU/CONCERTS](http://WWW.NORMANDALE.EDU/CONCERTS)

Normandale Program Board presents:

### Halloween Event

Oct. 30 - Nov. 1, Various locations (see below)

Join Program Board in collaboration with Senate, PTK, the Psychology department, the Theatre department, Art Club, Asian Cultural Club, Creative Writing Club, the Facilities team and more in celebrating Halloween!

- **10/30-11/1:** Haunted House, 11 am-2 pm, L 1757-L 1770 - 1st Floor, Library Bldg.
- **10/30:** Halloween Crafts with NPB & the Psychology department - Pumpkin painting, stress ball making, face painting, 11 am-1pm, Overlook, Kopp Student Center
- **10/31:** Halloween Party, 12-4 pm, Garden Room - WEAR COSTUMES!
- **11/1:** Halloween Movie, 3-5 pm, Overlook, Kopp Student Center

*If you have questions or for further information, email Normandale Program Board president Chhayheang Chea at [chhayheang.chea@my.normandale.edu](mailto:chhayheang.chea@my.normandale.edu) or VP Rochelle Nibbe at [rochelle.nibbe@my.normandale.edu](mailto:rochelle.nibbe@my.normandale.edu).*

The Normandale Diversity Center presents:

### Diversity Week- October 23-27

- **10/23: Diversity Week: Hispanic Heritage Kahoot/Loteria:** 10 am-12 pm, Overlook; **Dia De La Raza Day/Cultural Diversity Day:** 2-4 pm, Overlook; Play games with LUNA Club and the Diversity Center to wrap up Hispanic Heritage Month and celebrate multi-cultural communities for Dia de la Raza! Wear your culture attire to be a part of the fashion show! Serving fruit with tajin and chamoy, Mexican hot chocolate, and aguas frescas throughout the day.
- **10/24: Diversity Week: Indigenous Peoples Day:** 11 am-2 pm Overlook; Learn about the thousands of nations who have made America their home, from tens of thousands of years ago to the present. Try Three Sisters soup, manoomin (called "wild rice" by settlers), and fry bread.
- **10/25: Diversity Week: National Coming Out Day:** 12:30-2:30 pm, Overlook; Celebrate self-expression and acceptance with the Diversity Center and the LGBTQ Club! Show your support for those coming out, enjoy colorful cupcakes, and create your own beads and bracelets.
- **10/26: Diversity Week: World Mental Health Day:** 12:30-2:30 pm, Overlook; Learn and de-stress with the Diversity Center staff. We'll talk about mental health awareness, stigma, community, self-help, and psychology resources. Do calming crafts and get free tools for focus and self-regulation.
- **10/27: Diversity Week: International Day for Business Failure:** 12:30-2:30 pm, Diversity Center; Do origami crafts and learn how to accept and embrace mistakes. We'll talk about the stigma of failure, how to fail faster and better, and why failure is the first step to progress.

## Priority Registration for Spring and Summer Courses Starts October 23

Registration windows for Spring and Summer 2024 are detailed below by earned credits. Students can find their Registration Window in [eServices](#) under "Courses & Registration".

All registration windows open at 8 am:

- Monday, October 23: 45+ earned credits, and students in TRIO, OSD, PASS Leaders, and VA Benefits recipients
- Tuesday, October 24: 30+ earned credits
- Wednesday, October 25: 15+ earned credits
- Thursday, October 26: 0+ earned credits
- Monday, October 30: Open to all students

For assistance with course planning, students may schedule an advising appointment with an Academic Advisor [here](#) or call 952-358-8261. For quick questions, use live online [Advising Chat](#), or stop into on-campus [Express Advising](#).

For questions about registration holds, financial aid, billing and transcripts, contact Student Services during [Drop-In hours](#), at [studentservices@normandale.edu](mailto:studentservices@normandale.edu), through [live online chat](#) or 952-358-8100.

Bloomington Police in partnership with Normandale Public Safety present:

## Ask me Anything/Coffee with a Cop

Monday, Oct. 24, 9-11 am, The Lounge - Corner Café, College Services Bldg.

Have you ever wanted to sit down and have an informal conversation with a police officer in a neutral space? Now you have that opportunity! Meet with officers from the Bloomington Police Department and Normandale Public Safety Department during an open forum of conversations. ASK ANYTHING...no question is off limits. Silly or serious, bring it all! Coffee, juice and donuts provided.

*If you have questions or for further information, email Public Safety Coordinator Stacy Bestland at [stacy.bestland@normandale.edu](mailto:stacy.bestland@normandale.edu) or call 952-358-8703.*

Normandale Office of Admissions presents:

## Campus Open House - All are Invited to Attend

Tuesday, Oct. 24, 4-6 pm, College Services Bldg.

Do you know someone interested in attending Normandale? Invite your friends, neighbors and family members to an in-person, open house experience! Guests can tour campus and speak with admissions representatives to learn how to get started at Normandale. Participants will meet faculty and staff to learn more about academic programs, degrees, support services and transfer options. This event is open to all—students, their families, community members and anyone who wants to know more about Normandale.

The link to RSVP is below:

[WWW.NORMANDALE.EDU/OPENHOUSE](http://WWW.NORMANDALE.EDU/OPENHOUSE)

## Wellness & Resource Fair

Wednesday, Oct. 25, 11 am-1 pm, Gym (A 1500), Activities Bldg.

Connect with resources and organizations from on and off campus to support your wellness and basic needs. Free food while supplies last!

If you have questions, email Hunter Yang at [hunter.yang@normandale.edu](mailto:hunter.yang@normandale.edu) or Paige Wheeler at [paige.wheeler@normandale.edu](mailto:paige.wheeler@normandale.edu).

## Internship and Job Searching Tips

Thursday, Oct. 26, 1-2 pm, Register [here](#)

This workshop will focus on different techniques and resources you can use to search for jobs and internships in your field of interest! All are welcome to attend.

If you have questions, email [internship@normandale.edu](mailto:internship@normandale.edu).

Normandale Counseling in collaboration with Twin Cities RISE presents:

## Personal Empowerment @ Normandale

Thursdays, Oct. 26, Nov. 2, 9, 16, 3-4:30 pm (attendance at all sessions is required)

If you are a Normandale student, there's still time to enroll in a free Personal Empowerment mini-course. Topics include: **Self-awareness**, **Self-control** and **Relationship management**. Upon completion of the course, you will earn a certification from Twin Cities RISE.

These sessions are offered virtually through Zoom. A Zoom link will be emailed to registered participants.

- [Register here](#) - space is limited!

For more information, email [kristen.cooper@normandale.edu](mailto:kristen.cooper@normandale.edu).

## Transfer Partner Events

Stop by and learn more about academic programs, deadlines, and scholarships. Tabling is located across from the Office of Admissions, 1st Floor - College Services Bldg.

- Iowa State University: Wednesday, Oct. 25, 9:30-11:30 am
- Grand Canyon University: Wednesday, Oct. 25, 12-2 pm
- University of Wisconsin-Madison: Thursday, Oct. 26, 9:30-11:30 am

## Well-Being Wednesdays

Promote your well-being by participating in the following activities on Wednesdays in November:

- **Spin the Feelings Wheel, Nov. 1, 11 am-1 pm\***: Learn about how thinking, behavior, and feelings intersect. Win prizes!
- **Work on Your Well-being, Nov. 1, between 10-11 am and 3-4 pm**: Join us for a You@Normandale Virtual Drop-in. Learn how to use this Normandale app! Zoom link: <https://minnstate-health.zoom.us/j/6533298685>
- **Hop on Maggie the Art Bus, Nov. 8, 10 am-4 pm**: Find us outside the main entrance of the College Services Bldg. and make an art project about what gives you hope.
- **Mental Health Check-up, Nov. 15, 11 am-1 pm\***: Stop by to learn how to get a quick check-up.
- **Benefits of Gratitude, Nov. 22, 11 am-1 pm\***: Explore all the benefits and pick up a free gratitude journal.
- **Managing Stress Workshop, Nov. 29, 12-1 pm**: Participate in a Virtual Workshop as we head toward the end of the semester. Zoom link: <https://minnstate-health.zoom.us/j/93811448128>

\*Location: 2nd floor balcony - College Services Bldg.

If you have questions, email [advising@normandale.edu](mailto:advising@normandale.edu).

## Hidden in Plain Sight: Turning Everyday Experiences into Interview Gold

Wednesday, Nov. 1, 12:30-1 pm, Log-in [here](#) on the day of the event

Dive into the power of personal narratives as we unearth the potential of everyday experiences to shine in job interviews. This talk emphasizes foundational and advanced storytelling techniques and will help empower you to turn perceived disadvantages into unique strengths. Presented by Normandale Alumni, Justin Dux. Justin has helped over 500 people pivot into new industries with no prior experience.

If you have questions, email [internship@normandale.edu](mailto:internship@normandale.edu).

## Winter Clothing Donations: Through Fri. Nov. 3

Normandale's Leadership Through Service program and the Campus Cupboard are accepting **donations of winter clothes** (winter coats/jackets, hats, scarves, mittens, gloves, boots, and winter socks) now through Friday, Nov. 3. All clothes should be clean and in good condition. Clothing will be distributed to Normandale students through the Campus Cupboard.

- Donate at the Campus Cupboard (A 1565), Monday-Thursday, 8 am-5 pm and Friday, 8 am-4:30 pm.

If you have questions, email [paige.wheeler@normandale.edu](mailto:paige.wheeler@normandale.edu) or call 952-358-9074.

## CAMPUS RESOURCES

### Help Signing Up for Health Insurance through MNsure

Monday, Nov. 13, 2-4 pm, Student Resource Center (by appt. only)

Visit with a MNsure Navigator from Southside Community Health Services who will assist you signing up for health insurance through [MNsure](#), Minnesota's health insurance marketplace. Meetings are **by appointment only**; [sign up for an appointment](#). Appointments can be in English or Spanish. If the appointment times are filled and you would like assistance signing up for health insurance through MNsure you can reach out to the

Southside Community Services MNsure Navigator team by calling 612-827-7181.

If you have questions email Student Resource Center Coordinator Paige Wheeler, [paige.wheeler@normandale.edu](mailto:paige.wheeler@normandale.edu) or call 952-358-9074.

## IMPORTANT DATES/DEADLINES

### Mark Your Calendar

- Oct 23: Spring/Summer class registration begins - current students
- Oct 30: Spring/Summer registration begins – new/visiting students
- Nov 1: Graduation application deadline
- Nov 10: Veteran’s Day - no classes
- Nov 23-25: Holiday, Thanksgiving - no classes
- Dec 11-15: Final exams



[WWW.NORMANDELE.EDU/CALENDAR](http://WWW.NORMANDELE.EDU/CALENDAR)

Announce your event! Submit title, time, date, location, and event description to [studentlife@normandale.edu](mailto:studentlife@normandale.edu).

The Roar Student News is a publication of the Office of Student Life.

Normandale is an affirmative action, equal opportunity educator and employer.

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