

Common Course Syllabus for: HLTH 1112, CPR for the Professional Rescuer**A. Course Description**

Number of credits: 1

Prerequisite: None

Recommended Entry Skills/Knowledge: The following placement test results are recommended for successful completion of this health course:

READ 0960 - Reading & Study Skills;

COMP 0900 - Preparation for College Writing

B. Date last revised: January, 2016**C. Outline of Major Content Areas**

1. Introduction
2. Professional Rescuer
3. Legal Considerations
4. Human Body Systems
5. Disease Transmission
6. Emergency Action Principles and Primary Survey
7. Breathing Emergencies: Recognizing; Caring for; Practice on Infant, Child, and Adult
8. Introduction to Obstructed Airway
9. Obstructed Airway: Infant, Child and Adult
10. Cardiac Emergencies: Recognizing Heart Attack; Cardiac Arrest; Adult CPR
11. Infant and Child CPR
12. 2-person CPR
13. Breathing Devices

Course Description

This course is designed to provide the professional rescuer with the knowledge and skills necessary in an emergency to help sustain life, reduce pain, and minimize the consequences of respiratory and cardiac emergencies until more advanced medical help can arrive. This course fulfills the CPR requirement for admittance to the Dental Hygiene and Nursing Programs at Normandale Community College.

D. Course Learning Outcomes

At the conclusion of this course, the student will be able to:

1. Explain how the EMS system works and the professional rescuer's role in the EMS system.
2. Identify guidelines to follow to ensure personal safety and the safety of others at an emergency scene.
3. Describe the signs of life threatening emergencies in adult, child, and infant.
4. Explain basic safety precautions to prevent transmission against diseases.
5. Explain the emergency action principles.
6. Recognize and care for breathing emergencies such as choking.
7. Demonstrate how to use a resuscitation mask and a bag-valve.
8. Identify the major risk factors for cardiovascular disease and describe how to reduce them.
9. Recall the signs, symptoms, and care of a heart attack.
10. Perform the steps for CPR, Rescue Breathing, Conscious choking, and AED.

E. Methods for Assessing Student Learning

Course evaluation may include (but is not limited to): Objective examinations; personal assessments and summaries; class study reactions; practical examinations; class discussions; class attendance.

F. Special Information

Students will be required to purchase and use a pocket mask when practicing on manikins. Some physical movement in the class is required.